Your Major League Baseball Players Benefits Plan Handbook
The Major League Baseball Players Benefit Plan ("Plan") provides important benefits for its members, including:

- medical (including prescription drugs), dental, and vision coverage (see Health Care Benefits);
- life insurance and accidental death and dismemberment insurance coverage (see Life and AD&D Insurance Benefits);
- a pension plan (see Pension Benefits); and
- an investment plan (see Investment Plan Benefits).

The summary plan descriptions ("SPDs") contained in this Benefits Handbook summarize the key provisions of the benefits provided under the Plan and provide information about the benefits for which you are eligible, how your coverage works, and what you need to do to take advantage of your benefits.
# YOUR BENEFITS HANDBOOK

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